



## Bike Yoga BC Pace

2700 Yulupa Ave, Santa Rosa 95405

At	G	On	For	At	G	On	For
0.0	L	Bethards Dr (East)	0.4	22.2	L	Warm Springs Rd	2.4
0.4	L	Summerfield Rd	1.0	24.6	R	Warm Springs Rd	2.7
1.4	R	Hoen Ave	0.1	27.3	L	Hwy-12 W	2.3
1.5	L	Newanga Ave	0.8	29.7	L	Pythian Rd	0.3
2.3	R	Spring Creek Trail	0.6	30.0	R	Oak Leaf Dr	1.4
2.9	L	Violetti Rd	0.2	31.4	R	Fairfield Dr	0.3
3.1	R	Channel Dr	1.5	31.7	L	White Oak Dr	0.3
4.5	L	over narrow bridge	0.2	32.0	R	Oakmont Dr	0.1
4.7	R	Stone Bridge Rd	1.1	32.1	L	Stone Bridge Rd	1.1
5.7	R	Oakmont Dr	1.3	33.2	L	over narrow bridge	0.2
7.1	L	Valley Oaks Dr	0.1	33.3	R	Channel Dr	1.5
7.2	R	Pythian Rd	0.8	34.8	L	Violetti Rd	0.0
8.0	R	Hwy-12 E	0.9	34.8	L	thru Spring Creek Park	1.0
8.9	R	Lawndale Rd	1.7	35.8	>	Newanga Ave	0.6
10.6	R	Schultz Rd	1.2	36.4	R	Hoen Ave	0.1
11.8	L	Bristol Rd	0.1	36.5	L	Summerfield Rd	1.0
11.9	>	Lawndale Rd	1.0	37.5	R	Bethards Dr	0.4
12.9	R	Warm Springs Rd	1.5	37.9	E	End of route	
14.5	L	Warm Springs Rd	2.4				
16.9	R	Arnold Dr	1.2				
18.1	R	Harney	0.1				
18.2		Return	0.1				
18.3	L	Arnold Dr	1.2				
19.5	L	London Ranch Rd	1.3				
20.7		At top, return	1.3				
22.0	L	Arnold Dr	0.2				

Steve Backman (808)895-3194

Janice Oakley 495-0353

Map at <https://ridewithgps.com/routes/29669622>

**Carry ID, Wear a Helmet**  
**Sonoma Emergency 707-565-2121**